

MAY | 2024

Leicester High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>29 Daily Options -Grab & Go Sandwich -Grab & Go Salad -Fruit, Yogurt and -Sun Butter & Jelly -Vegetarian Options</p>	<p>30 Daily Options Include choice of Vegetable of the day, fruit & Non- fat milk to create a complete meal</p>	<p>1 American Chop Suey Over WG Pasta Roasted Broccoli, WG Bread Stick Apple Slices ALTERNATE ENTRÉE Grilled Cheese</p>	<p>2 Philly Cheese Steak WG Hoagie Roll Sweet Potato Fries Roasted Peppers & Onions Fresh Orange Wedges ALTERNATE ENTRÉE Chicken Pattie</p>	<p>3 Stuffed Crust Pizza Cheese or Pepperoni Fresh Garden Salad W/ Grape Tomatoes Assorted Fresh Fruit ALTERNATE ENTRÉE Fiery Chicken Fingers</p>
<p>6 BBQ Grilled Chicken Sandwich W/ Lettuce & Tomato Seasoned Curly Fries Honey Dill Carrots, Mixed Fruit Cup ALTERNATE ENTRÉE Cheese/ Hamburger</p>	<p>7 Nachos Grande W/ Seasoned Ground Beef Nacho Cheese Sauce, Lettuce, Tomato, Salsa, Sour Cream Roasted Corn & Black Beans Apple Sauce ALTERNATE ENTRÉE Cheese Enchiladas</p>	<p>8 Professional Development Early Release No Lunch</p>	<p>9 Boneless Buffalo Chicken Wings Sweet Potato Fries, Zucchini & Carrot Sticks w/ light Ranch Dip, Peach Cup ALTERNATE ENTRÉE Grilled Cheese</p>	<p>10 Big Daddy's Ultimate Pizza Spinach Salad W/ Tomato Three Bean Salad Assorted Fresh Fruit ALTERNATE ENTRÉE Pepperoni Calzone</p>
<p>13 Chicken Bacon Ranch Sandwich Waffle Fries Broccoli Salad Apple Slices ALTERNATE ENTRÉE Cheese/Hamburger</p>	<p>14 Spaghetti & Meatballs W/ WG Pasta, Italian Seasoned Green Beans Garlic Bread Fruit Cocktail ALTERNATE ENTRÉE Pizza Bites W/ Sauce</p>	<p>15 BBQ Sloppy Joe Sandwich WG Hoagie Roll, Crinkle Cut fries, Baked Beans, Mixed Fruit Cup ALTERNATE ENTRÉE All Beef Hot Dogs</p>	<p>18 Chicken Burrito Bowl Seasoned Chicken over Cilantro Rice W/ Blk. Beans Cheddar cheese, Tomatoes, Salsa, Sour Cr. Guacamole, Side Nacho Chips, Oranges ALTERNATE ENTRÉE Beef & Bean Burrito</p>	<p>17 6" Individual Pizza Cheese or Pepperoni Fresh Red & Green Pepper Strips W/ Dip Assorted Fresh Fruit ALTERNATE ENTRÉE Chicken Pattie</p>
<p>20 Cheeseburger Mac-N- Cheese W/ WG Roll Seasoned Diced Carrots Assorted Fresh Fruit ALTERNATE ENTRÉE Chicken Nuggets</p>	<p>21 General Tso's Chicken, WG Lo Mein W/ Mandarin Stir Fry Veg. Pineapple Chunks ALTERNATE ENTRÉE Vegetable Egg Rolls</p>	<p>25 Southwest Chicken Cheese Steak Hoagie Nachos W/ Cheese, Salsa, Guacamole, sour cream, Roasted Peppers, Grapes ALTERNATE ENTRÉE Cheese/ Hamburger</p>	<p>23 Brunch @ Lunch Colby Cheese Omelet W/ Sausage links, Hash Brown Potatoes, Cucumber Coins Fresh Fruit Cup ALTERNATE ENTRÉE Ciabatta Cheese Melt</p>	<p>24 Cheese Stuffed Breadsticks W/ Marinara Sauce, Fresh Garden Salad Apple Slices ALTERNATE ENTRÉE Buffalo Chicken Pizza</p>
<p>27 Memorial Day No School</p>	<p>28 Taco Tuesday! Mexican Rice, Mexicali Corn Lettuce, Tomato, cheese Southwest Salsa, Sour Cr. Guacamole, Peach Cup ALTERNATE ENTRÉE Chicken Quesadilla Pizza</p>	<p>29 Breaded Bone in Chicken W/ Macaroni Salad Buttered Corn on the Cobb Fresh Cut Watermelon ALTERNATE ENTRÉE Grilled Cheese</p>	<p>30 Meatball Grinder Sweet Potato Wedges Mixed Garden Salad W/ Spinach, Tomatoes, carrots Mixed Fruit Cup ALTERNATE ENTRÉE Chicken Pattie</p>	<p>31 Mozzarella Sticks W/ Marinara Sauce Fresh Red & Green Pepper Strips W/ Dip Three Bean Salad Pear Cup ALTERNATE ENTRÉE Pizza</p>

What Makes a Lunch?

Select 3-5 Components



One must be a



Students **MUST** take **AT LEAST 3** out of 5 meal components to be considered a complete meal. A **½ cup Fruit** or **½ cup vegetable** is **MANDATORY** W/ a meal. The 5 components to choose from are: **Meat/Meat Alternate, Grain, Milk, Fruit, and Vegetable.**

Breakfast & Lunch are FREE
For all students this year

The State of MA has voted to extend free meals to all students for the 2023-2024 school year. Even though meals are free, the State has required districts to update students Free/Reduced/ Paid status by collecting Free & Reduced Applications this year. All households with students enrolled at the H.S. are highly encouraged to complete a 2023-24

Free and Reduced meal application. Menu as well as other food service dept. Information, including our Non-Discrimination Statement, are available on line @ www.lpsma.net/departments/foodservice
Food service director: Barry Sbordy
sbordyb@lpsma.net